



THE HENDRICKS INSTITUTE PRESENTS

THE COUPLES COURSE

With Kathlyn Hendricks, Ph.D. BC-DMT

**A Five-Week Live Virtual Course Every Wednesday from
October 14-November 11, 2020
5:00-7:00 pm Pacific Time**

SCHEDULE

Live, every Wednesday via Zoom for the following five weeks:

October 14, 5:00-7:00 pm Pacific time
October 21, 5:00-7:00 pm Pacific time
October 28, 5:00-7:00 pm Pacific time
November 4, 5:00-7:00 pm Pacific time
November 11, 5:00-7:00 pm Pacific time

Access to course materials will be provided electronically. Each course will have its own separate and private Facebook Group for continued learning and exploration and where handouts/learning resources will be shared.

TUITION, DISCOUNTS, CANCELATION and TRANSFER POLICY

\$ 595 per couple **through September 23, 2020**

\$ 695 per couple **starting September 24, 2020**

\$ 350 per couple for the following circumstances. *To receive this rate, at least one attending partner must meet the designation. Please enroll directly with our Enrollment Consultant, Nancy Stubbs – see below for her contact information.*

- Graduates of our Leadership and Transformation (LAT) Program
 - Certified Big Leap Coaches
 - Repeat Attendees of The Couples Course
- Cancellation Policy – 90% refund (10% withheld as a cancellation fee) of the training tuition paid
 - Transfer Policy – 10% transfer fee will be assessed and depending upon which future training you choose, the Early Bird discount may be forfeited, requiring additional monies to meet the full tuition amount for that training.

REGISTRATION / INFORMATION / QUESTIONS

You may register online at <https://hendricks.com/seminars/> to access our on-line enrollment form, or call our Enrollment Consultant, Nancy Stubbs, at 1-800-688-0772, Ext. 1. Her email address is nancy@hendricks.com. Feel free to reach out to her with any questions about this training, the logistics, and more information about our other trainings.

HOW TO PARTICIPATE/ACCESS THE CLASS EACH WEEK

You will receive an email about a week before the start of each course with the Zoom link to join the course on the designated dates. Be sure to check your Inbox and Spam/Junk folders.

PREPARATION SUGGESTIONS

1) To support your learning and exploration throughout this course, we suggest that you have **water** at hand for drinking, a notepad or journal, writing implements (pens, pencils, colored markers).

2) In addition, give attention to dressing in clothing that you like, that makes you happy, and is comfortable and allows you to move freely.

PREREQUISITE AND OTHER PREPARATION RESOURCES

Prerequisite: Completion of Evolutionary Playground (the Zoom-based virtual course offered in September 2020, the live in-person 3-day course previously taught) or the Essentials 3-Day Seminar.

If you or your partner have not completed Evolutionary Playground or the Essentials 3-Day Seminar, you may purchase our online self-study course titled Essentials Online instead for \$97 when you enroll in The Couples Course. Note that it takes approximately 8-10 hours to complete this self-study program, so we suggest planning accordingly so that you'll be able to optimize your experience in The Couples Course.

You will be gifted an electronic copy of Gay and Kathlyn's book titled **Lasting Love** upon completing your enrollment. A link to access this book will be included in your welcome letter. Be sure to check both your Inbox and Spam/Junk folders for this welcome email.

The Hendricks Institute website, www.hendricks.com, and The Foundation For Conscious Living website, <https://foundationforconsciousliving.org/>, have a variety of useful resources, including books, videos, CDs and online courses to support your ongoing learning experience.

We also recommend checking out our **Hearts in Harmony with Katie and Gay Hendricks** and **Foundation for Conscious Living** Facebook pages, and lastly, viewing our YouTube Channel for videos that will give you an orientation to our approach, <https://www.youtube.com/user/hendricksinstitute>

FIND US AND JOIN US ON SOCIAL MEDIA!

https://www.facebook.com/relationshipadvice/?sk=app_2392950137#/relationshipadvice

<https://www.facebook.com/fclconnect/>

<https://twitter.com/@fclconnect>

<https://www.linkedin.com/in/kathlyn-katie-hendricks-9395361/>

<https://www.instagram.com/bigleaphome/>

COMMITMENT FORM

The key to the work of The Hendricks Institute is commitment. Conscious commitment begins the process of positive change. Beginnings matter.

Modern definitions of 'commitment' include a pledge or promise to do something, and dedication to a long-term course of action: engagement, involvement.

We have found several commitments to be extraordinarily powerful in allowing the process of change to happen gracefully and with maximum velocity.

To create the results you desire in your life by participating in this event, it's essential to pause, read, digest, and sign the Commitment Form. We invite you to embrace these commitments as your entry-gate to the creative possibilities of the work you do with us.

We recommend that you keep it near you to inspire you to recommit as needed throughout the course. Celebrate your willingness to give yourself this experience 100%. There is no need to send your signed copy to us. This form is for your reference and for your ongoing exploration!

ONE

I commit to knowing myself authentically and completely. I commit to regarding every interaction as a learning opportunity. I commit to letting go of any of my defensive postures that inhibit rapid learning.

TWO

I commit to expressing myself authentically, and to being an opening in which others can express themselves authentically.

THREE

I commit to the masterful practice of integrity, *including* acknowledging all key feelings, expressing the unarguable truth and keeping my agreements.

FOUR

I commit to taking full responsibility for my feelings and the circumstances of my life, and to being a catalyst for others taking full responsibility. Specifically, I take complete responsibility for my physical, emotional and psycho-spiritual well-being.

FIVE

I commit to the full embrace and expression of my creativity, and to being a catalyst for the full expression of others' creativity.

Sign _____ Date _____

Print Name _____

Training Dates _____