

THE HENDRICKS INSTITUTE PRESENTS

THE COUPLES COURSE

With Kathlyn Hendricks, Ph.D. BC-DMT

A Three-Day In-Person Course

March 31 - April 2, 2023 in Ojai, CA

SCHEDULE

Friday, March 31 at 9:30am Pacific to Sunday, April 2 at 4pm Pacific

TUITION, DISCOUNTS, CANCELATION and TRANSFER POLICY

\$895 per couple before the Early Bird deadline of March 3, 2023 \$995 per couple from March 4, 2023 on

\$ 600 per couple for the following circumstances.

- o Graduates of our Leadership and Transformation (LAT) Program
- Certified Big Leap Coaches
- o Repeat Attendees of The Couples Course

To receive this rate, you must meet the designation and communicate directly with our Enrollment Consultant, Michele Yasuda, at enroll@hendricks.com, or 800-688-0772 ext 3. Feel free to reach out to Michele with any questions about this training, the logistics, and more information about our other trainings

 Cancellation Policy—90% refund (10% withheld as a cancellation fee) of the training tuition paid. No refunds will be given after midnight on March 3, 2023 Pacific time.

LODGING SUGGESTIONS

www.caprihotelojai.com, www.hummingbirdinnojai.com, www.sunidoinn.com, www.blueiguanainn.com, www.emeraldiguana.com, www.ojairesort.com, www.lavenderinn.com, https://www.airbnb.com/, https://caravanoutpostojai.com/, https://www.ojairanchoinn.com/

We recommend you book your lodging as soon as possible, as Ojai is a popular destination.

REGISTRATION / INFORMATION / QUESTIONS

You may register online at https://bit.ly/3F8EQv1, or contact our Enrollment Consultant, Michele Yasuda, at enroll@hendricks.com, or 800-688-0772 ext. 3. Feel free to reach out to Michele with any questions about this training, the logistics, and more information about our other trainings.

WHAT TO BRING

We recommend bringing a journal or notepad and something to write with, i.e., pen, markers, pencil. Please also bring a LIDDED, REUSABLE water bottle and/or hot beverage cup of your own; we provide filtered drinking water at our trainings and appreciate your assistance in reducing non-recyclable and non-compostable waste at our training events. Here is a link to one brand that Katie recommends: https://www.zojirushi.com/app/category/vacuum-insulated-mugs-bottles

WHAT TO WEAR

Bring layers of clothing that will allow you to regulate your temperature comfort as well as allow you to move, stretch, and breathe easily during the course. Recommended attire is anything from casual to business casual, i.e., shorts, jeans, slacks, skirts, dresses, yoga/exercise-type wear.

PREREQUISITE and PREPARATION SUGGESTIONS

Prerequisite: Completion of Evolutionary Playground online through Zoom, or the live in-person 3-day course previously taught, or the Essentials 3-Day Seminar. If you or your partner have not completed Evolutionary Playground or the Essentials 3-Day Seminar, you may purchase our online self-study course titled Essentials Online instead for \$97 when you enroll in The Couples Course. Note that it takes approximately 8-10 hours to complete this self-study program, so we suggest planning accordingly so that you'll be able to optimize your experience in The Couples Course.

The Hendricks Institute website, <u>www.hendricks.com</u> and Foundation For Conscious Living website <u>https://foundationforconsciousliving.org/</u>, have a variety of useful resources, including books, videos, CDs and online courses to support your ongoing learning experience.

We also recommend checking out our Hearts in Harmony with Katie and Gay Hendricks and Foundation for Conscious Living Facebook pages, and lastly, viewing our YouTube Channel for videos that will give you an orientation to our approach, https://www.youtube.com/user/hendricksinstitute.

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https://www.instagram.com/bigleaphome/