



THE HENDRICKS INSTITUTE  
PRESENTS

**CONSCIOUS LOVING SPECIAL:  
Evolutionary Playground and The Conscious Loving Advanced Training  
*Back-to-Back for a Special Combined Price***

## SCHEDULE

**Evolutionary Playground Six-Week Live Virtual Course**  
**Thursdays, August 17 - September 21, 2023**  
*With Kathlyn Hendricks, Ph.D. BC-DMT*

**Live, every Thursday via Zoom for the following six weeks:**

August 17, 4:00-7:00pm Pacific time  
August 24, 4:00-7:00pm Pacific time  
August 31, 4:00-7:00 pm Pacific time  
September 7, 4:00-7:00 pm Pacific time  
September 14, 4:00-7:00 pm Pacific time  
September 21, 4:00-7:00 pm Pacific time

**Conscious Loving Advanced Training Eight-Week Live Virtual Course**  
**Thursdays, September 28 - November 16, 2023**  
*With Kathlyn Hendricks, Ph.D. BC-DMT and Gay Hendricks, Ph.D.*

**Live, every Thursday via Zoom for the following eight weeks:**

September 28, 4:00-7:00 pm Pacific time  
October 5, 4:00-7:00 pm Pacific time  
October 12, 4:00-7:00 pm Pacific time  
October 19, 4:00-7:00 pm Pacific time  
October 26, 4:00-7:00 pm Pacific time  
November 2, 4:00-7:00 pm Pacific time  
November 9, 4:00-7:00 pm Pacific time  
November 16, 4:00-7:00 pm Pacific time

Though all classes are recorded, live attendance of our courses is highly recommended. Our courses are experiential and include breakout sessions in small groups. If you do not attend class, you will be missing a large portion of the discovery process as well as affecting the experience of participants in the course. **NOTE for Big Leap Coaching Certification:** For each of the 8 week courses, you must attend 6 of the 8 weeks of class LIVE in order to qualify for your coaching certification.

Access to course materials will be provided electronically. The course will have its own separate and private Mighty Networks group for continued learning and exploration and where handouts/ learning resources will be shared.

# TUITION, DISCOUNTS, and CANCELLATION POLICY

\$1,495 per person, Conscious Loving Special rate for BOTH courses

\$ 1,295 per person for the following circumstances. To receive this rate, you must meet the designation and communicate directly with our Enrollment Consultant, Michele Yasuda – see below for her contact information.

- Student (you must be a current and active-status student in a related program of study at the time of enrollment)
  - Military (Active or Veteran)
  - First Responder (currently/actively employed as an EMT, paramedic, firefighter, police officer; includes trained volunteer/seasonal wildland and municipal firefighters)
  - Graduates of our Leadership and Transformation (LAT) Program
  - Certified Big Leap Coaches
  - Repeat Attendees of BOTH courses
- Cancellation Policy – 90% refund (10% withheld as a cancellation fee) of the training tuition paid less \$97 for the Essentials Online self-study program, up until July 20, 2023 (Pacific Time Zone). No refunds will be given after midnight on July 20, 2023 Pacific time.

## REGISTRATION / INFORMATION / QUESTIONS

You may register online at <https://hendricks.com/seminars/> to access our on-line enrollment form, or call our Enrollment Consultant, Michele Yasuda, at 1-800-688-0772 ext. 803. Her email address is [isenroll@hendricks.com](mailto:isenroll@hendricks.com). Feel free to reach out to her with any questions about this training, the logistics and more information about our other trainings.

## HOW TO PARTICIPATE/ACCESS THE CLASS EACH WEEK

You will receive an email about a week before the start of the course with the Zoom link to join the course on the designated dates. Be sure to check your Inbox and Spam/Junk folders.

## PREPARATION SUGGESTIONS

1) To support your learning and exploration throughout this course, we suggest that you have **water** at hand for drinking, a notepad or journal, writing implements (pens, pencils, colored markers).

2) In addition, give attention to dressing in clothing that you like, that makes you happy, and is comfortable and allows you to move freely.

## PREPARATION RESOURCES

Upon registration, you will be gifted with the online self-study course, Essentials Online (a \$97 value). A link and password will be emailed to you. Be sure to check your Inbox and Spam/Junk folders for this email.

We recommend reading Gay Hendricks' best-seller, **The Big Leap: Conquer Your Hidden Fear and Take Your Life to the Next Level**. It's available for purchase/order through your favorite bookseller!

You will also be gifted an electronic copy of Gay and Kathlyn's book titled **Lasting Love** upon completing your enrollment. A link to access this book will be included in your welcome letter.

The Hendricks Institute website, [www.hendricks.com](http://www.hendricks.com), and The Foundation For Conscious Living website, <https://foundationforconsciousliving.org/>, have a variety of useful resources, including books, videos, CDs and online courses to support your ongoing learning experience.

We also recommend checking out our **Hearts in Harmony with Katie and Gay Hendricks** and **Foundation for Conscious Living** Facebook pages, and lastly, viewing our YouTube Channel for videos that will give you an orientation to our approach, <https://www.youtube.com/user/hendricksinstitute>

## COACHING CERTIFICATION REQUIREMENTS

In order to receive certification as a Big Leap Coach you must attend:

-Evolutionary Playground:

4 of the 5 classes LIVE.

-Body Intelligent and Conscious Loving Advanced Trainings:

6 of the 8 classes LIVE.

## FIND US AND JOIN US ON SOCIAL MEDIA!

[https://www.facebook.com/relationshipadvice/?sk=app\\_2392950137#/relationshipadvice](https://www.facebook.com/relationshipadvice/?sk=app_2392950137#/relationshipadvice)

<https://www.facebook.com/fclconnect/>

<https://twitter.com/@fclconnect>

<https://www.linkedin.com/in/kathlyn-katie-hendricks-9395361/>

<https://www.instagram.com/bigleaphome/>

# COMMITMENT FORM

**The key to the work of The Hendricks Institute is commitment.** Conscious commitment begins the process of positive change. Beginnings matter.

Modern definitions of 'commitment' include a pledge or promise to do something, and dedication to a long-term course of action: engagement, involvement.

We have found several commitments to be extraordinarily powerful in allowing the process of change to happen gracefully and with maximum velocity.

To create the results you desire in your life by participating in this event, it's essential to pause, read, digest, and sign the Commitment Form. We invite you to embrace these commitments as your entry-gate to the creative possibilities of the work you do with us.

We recommend that you keep it near you to inspire you to recommit as needed throughout the course. Celebrate your willingness to give yourself this experience 100%. There is no need to send your signed copy to us. This form is for your reference and for your ongoing exploration!

## **ONE**

I commit to knowing myself authentically and completely. I commit to regarding every interaction as a learning opportunity. I commit to letting go of any of my defensive postures that inhibit rapid learning.

## **TWO**

I commit to expressing myself authentically, and to being an opening in which others can express themselves authentically.

## **THREE**

I commit to the masterful practice of integrity, *including* acknowledging all key feelings, expressing the unarguable truth and keeping my agreements.

## **FOUR**

I commit to taking full responsibility for my feelings and the circumstances of my life, and to being a catalyst for others taking full responsibility. Specifically, I take complete responsibility for my physical, emotional and psycho-spiritual well-being.

## **FIVE**

I commit to the full embrace and expression of my creativity, and to being a catalyst for the full expression of others' creativity.

Sign \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

Training Dates \_\_\_\_\_