



THE HENDRICKS INSTITUTE PRESENTS

THE COUPLES COURSE

With Kathlyn Hendricks, Ph.D. BC-DMT

A Three-Day In-Person Course

**November 1-3, 2024
in Ojai, California**

SCHEDULE

Friday, November 1, 2024 at 9:30am Pacific to Sunday, November 3, 2024 at 4pm Pacific

REGISTRATION/ INFORMATION/QUESTIONS

You may register online at <https://hendricks.com/seminars/>. Questions? Call our Enrollment Consultant, Michele Yasuda, at 1-800-688-0772 ext. 803. Her email address is enroll@hendricks.com. Feel free to reach out to her with any questions about this training, the logistics, and more information about our other trainings.

CANCELLATION POLICY

90% refund (10% withheld as cancellation fee) of the training tuition paid less \$97 for the Essentials Online selfstudy program, up until two weeks before the start of the course. No refunds will be given after midnight Pacific time two full weeks before the start of the course.

WHAT TO BRING

We recommend bringing a journal or notepad and something to write with, i.e., pen, markers, pencil. Please also bring a LIDDED, REUSABLE water bottle and/or hot beverage cup of your own; we provide filtered drinking water at our trainings and appreciate your assistance in reducing non-recyclable and non-compostable waste at our training events. Here is a link to one brand that Katie recommends: <https://www.zojirushi.com/app/category/vacuum-insulated-mugs-bottles>

WHAT TO WEAR

Bring layers of clothing that will allow you to regulate your temperature comfort as well as allow you to move, stretch, and breathe easily during the course. Recommended attire is anything from casual to business casual, i.e., shorts, jeans, slacks, skirts, dresses, yoga/ exercise-type wear.

PREREQUISITE and PREPARATION SUGGESTIONS

Prerequisite: Completion of Evolutionary Playground online through Zoom, or the live in-person 3-day course previously taught, or the Essentials 3-Day Seminar. If you or your partner have not completed Evolutionary Playground or the Essentials 3-Day Seminar, you may purchase our online self-study course titled Essentials Online instead for \$97 when you enroll in The Couples Course. Note that it takes approximately 8-10 hours to complete this self-study program, so we suggest planning accordingly so that you'll be able to optimize your experience in The Couples Course.

The Hendricks Institute website, www.hendricks.com, and The Foundation For Conscious Living website, <https://foundationforconsciousliving.org/>, have a variety of useful resources, including books, videos, CDs and online courses to support your ongoing learning experience.

We also recommend checking out our Hearts in Harmony with Katie and Gay Hendricks and Foundation for Conscious Living Facebook pages, and lastly, viewing our YouTube Channel for videos that will give you an orientation to our approach, <https://www.youtube.com/user/hendricksinstitute>

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