Restoring Resourcefulness Program Training for Coaches

We look forward to seeing each of you. Here are some things that will help you get the most out of your experience.

Preparation
- Please download the manual here.
- Please download the Preparing to Facilitate Guide here.
- Before each class read the program guide and watch the video for the two modules that will be presented. You can reach The Restoring Resourcefulness Program here.

Attendance at each session is mandatory. We understand that life happens, please contact Michele if you have an unavoidable emergency. Attendance is required at all three sessions. You will have one calendar year to retake the Training in order to complete your certification.

Logistics
Three (3) Zoom sessions – 3 hours each, 4:00-7:00 p.m. PST
- 1st Class: Presencing and Whole Body Listening
- 2nd Class: Breathing and Fear Melters
- 3rd Class: F.A.C.T. and Matching

Each session will include two of the RR Program Modules and will be facilitated by members of the Restoring Resourcefulness Faculty. Sessions are organized to create an opportunity for you to learn, experience and practice facilitating these modules.

We highly recommend you experience this training using a tablet or computer. Set up your learning environment so it is conducive to your full-body engagement. The course is structured to maximize your facilitation practice. There will be multiple breakout partner sessions.

Zoom Link
The Zoom link will be emailed to you prior to class. Please add info@hendricks.com to your contacts so that your emails do not end up in spam or promotions folders. You will receive an email each week with additional handouts.

There will be a Mighty Networks Circle for you to join to explore with other participants and faculty members between and after the training is over. You'll receive an invitation after the first class.

If you have any questions, please contact our Enrollment Consultant Michele Yasuda at Enroll@Hendricks.com.