



Restoring Resourcefulness Program Training for Coaches

We look forward to seeing each of you. Here are some things that will help you get the most out of your experience.

Preparation

- **Before** each class download and read the program guide and watch the video for the modules that will be presented. The Restoring Resourcefulness Program [here](#).

Attendance at each session is mandatory in order to receive your certification. We understand that life happens, please contact Michele if you have an unavoidable emergency. You will have one calendar year to retake the missed portion in order to complete your certification. We offer both an AM (facilitated prerecorded) and PM (Live online) Pacific time version of this training so you have two opportunities for each module.

Logistics

Live Online:

PM: (7) Zoom sessions – 90 minutes each, 4:00-5:30p.m. PST

- 5/13: Presencing
- 5/15: Whole Body Listening
- 5/20: Breathing
- 5/22: Fear Melters
- 5/27: Personas
- 5/29: F.A.C.T.
- 6/03: Matching

Facilitated Pre-recorded:

AM: (7) Zoom Sessions - 90 min each, 10:00am-11:30am PST

- 5/14: Presencing
- 5/19: Whole Body Listening
- 5/21: Breathing
- 5/28: Fear Melters
- 6/02: Personas
- 6/04: F.A.C.T.
- 6/09: Matching

Each session will include one of the RR Program Modules and will be facilitated by members of the Restoring Resourcefulness Faculty. Sessions are organized to create an opportunity for you to learn, experience and **practice facilitating** these modules.



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We highly recommend you experience this training using a tablet or computer. Set up your learning environment conducive to your full-body engagement. The course is structured to maximize your facilitation practice. There will be multiple breakout partner sessions.

Zoom Link

The Zoom link will be emailed to you prior to class. Please add info@hendricks.com to your contacts so that your emails do not end up in spam or promotions folders. You will receive an email each week with additional handouts.

If you have any questions, please contact our Enrollment Consultant Michele Yasuda at Enroll@Hendricks.com.