



Restoring Resourcefulness Coaches Training Logistics November 2025

Here is important information for the Training. Here is important information that will help you get the most out of your experience. Please read through carefully.

Preparation

- **Before each class** download and read the program guides and watch the accompanying videos. Find the full Restoring Resourcefulness Program [here](#). There are additional resources for each module that you can also review.

Reminder: attendance at each session is mandatory in order to receive your certification. We understand that life happens, please contact [Michele](#) if you have an unavoidable emergency. You will have one calendar year to retake the missed portion in order to complete your certification.

7 Zoom sessions – 90 minutes each, 4:00-5:30p.m. PST Tuesdays and Thursdays

- 11/18: Presencing
- 11/20: Whole Body Listening
- 11/25: Breathing
- 12/02: Fear Melters
- 12/04: Personas
- 12/09: F.A.C.T.
- 12/11: Matching

Each session will include one of the RR Program Modules and will be supported by members of the Restoring Resourcefulness Faculty. Sessions are organized to create an opportunity for you to learn, experience and **practice facilitating** these modules.

We highly recommend you experience this training using a tablet or computer. Set up your learning environment conducive to your full-body engagement. The course is structured to maximize your facilitation practice. There will be multiple breakout sessions.

A Zoom link and any accompanying handouts will be emailed to you prior to class. Please add info@hendricks.com to your contacts so that your emails do not end up in spam or promotions folders.

If you have any questions, please contact our Enrollment Consultant Michele Yasuda at Enroll@Hendricks.com.