



## Restoring Resourcefulness Coaches Training Logistics January 2027

Here is the important information that will help you get the most out of your experience. Please read through carefully.

### Preparation

- **Before each class** download and read the program guides and watch the accompanying videos. Find the modules for the Restoring Resourcefulness Program [here](#). There are additional resources for each module that you can also review.

**Reminder: attendance at each session is mandatory in order to receive your certification.** We understand that life happens, please contact [Michele](#) if you have an unavoidable emergency. You will have one calendar year to retake the missed portion in order to complete your certification.

**There are 7 Zoom sessions, 90 minutes each.**

<b>PM Sessions</b> Tuesday/Thursday 4:30pm-6:00pm PT
<ul style="list-style-type: none"><li>● Thurs 1/7 : Presencing</li><li>● Tues 1/12: Whole Body Listening</li><li>● Thurs 1/14: Breathing</li><li>● Tues 1/19: Fear Melters</li><li>● Thurs 1/21: Personas</li><li>● Tues 1/26: F.A.C.T.</li><li>● Thurs 1/28: Matching</li></ul>

Each session will include one of the RR Program Modules and is facilitated by members of the Restoring Resourcefulness Faculty. Sessions are organized to create an opportunity for you to learn, experience and **practice facilitating** these modules.

We highly recommend you experience this training using a computer. You will not have all of the recommended Zoom capabilities if you use a tablet or your phone. Set up your learning environment conducive to your full-body engagement. This course is structured to maximize your facilitation practice. There will be multiple breakout sessions for each module.

**An invitation to join our private Restoring Resourcefulness Coaches Training Circle on the Mighty Networks will be emailed to you two weeks before the first class begins.** You must join the Circle in order to receive class instructions, Zoom links and class resources.

If you have any questions, please contact our Enrollment Consultant Michele Yasuda at [Enroll@Hendricks.com](mailto:Enroll@Hendricks.com).